



**Adult overweight and obesity in the European Union (EU27)  
Based on Measured Height and Weight**

Country	Year of Data Collection	Males			Females		
		% BMI 25-29.9	%BMI ≥30	Combined BMI≥25	% BMI 25-29.9	%BMI ≥30	Combined BMI>25
Austria	2005/6	42.3	23.3	65.6	32.4	20.8	53.2
Bulgaria	2004	39.6	13.4	53	32.4	19.2	51.6
Cyprus	2003	43.1	14.7	57.8	31.1	13.8	44.8
Czech Republic	2008	42.8	23.9	66.7	29.2	22.3	51.5
England	2008	41.8	24.1	65.9	32.0	24.9	56.9
France	2006	41	16.1	57.1	23.8	17.6	41.4
Germany	2005-7	45.5	20.5	66	29.5	21.1	50.6
Ireland	1997-99	46.3	20.1	66.4	32.5	15.9	48.4
Luxembourg		45.6	15.3	60.9	30.7	13.9	44.6
Netherlands	1998-2002	43.5	10.4	53.9	28.5	10.1	38.6
Poland	2003-7	40.3	20.8	61.1	28.4	23.8	52.2
Portugal	2003/5	45.2	15	60.2	34.4	13.4	47.8
Scotland	2008	41.4	24.9	66.3	33.1	26.5	59.6
Sweden (Goteborg)	2002	43.5	14.8	58.3	26.6	11	37.6

**Adult overweight and obesity in the European Union (EU27)  
Based on Self Reported Height and Weight**

Country	Year of Data Collection	Males			Females		
		% BMI 25-29.9	%BMI ≥30	Combined BMI≥25	% BMI 25-29.9	%BMI ≥30	Combined BMI>25
Belgium (self report)	2004	38.7	11.9	50.6	24.4	13.4	37.8
Denmark (self report)	2005	41	12	53	26	11	37
Estonia (self report)	2004	32	13.7	45.7	28.4	14.4	42.8
Finland (self report)	2005	44.8	14.9	59.7	26.7	13.5	40.2
Greece (self report)	2003	41.2	26	67.1	29.9	18.2	48.1
Hungary (self report)	2004	41.8	17.1	58.9	31.3	18.2	49.4
Italy (self report)	2005	42.5	10.5	53	26.1	9.1	35.2
Latvia (self report)	2006	32.3	12.3	44.6	27.5	18.1	45.6
Lithuania (self report)	2006	35.7	20.6	56.3	29.7	19.2	48.9
Malta(self report)	2003	46.5	22.9	69.4	34.3	16.9	51.2
Romania (self report)	2000	38.1	7.7	45.8	28.6	9.5	38.1
Slovakia (self report)	2002	51.5	17.8	69.3	27.9	19.4	47.2
Slovenia (self report)	2001	50	16.5	66.5	30.9	13.8	44.7
Spain(self report)	2003	46.7	13.9	60.6	30.6	15.1	45.7

The surveys are not strictly comparable because of differences in age range and methodology.  
With the limited data available, prevalences are not age standardised.

Self reported surveys may underestimate true prevalence.

Sources and references are available from [obesity@iaso.org](mailto:obesity@iaso.org).

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